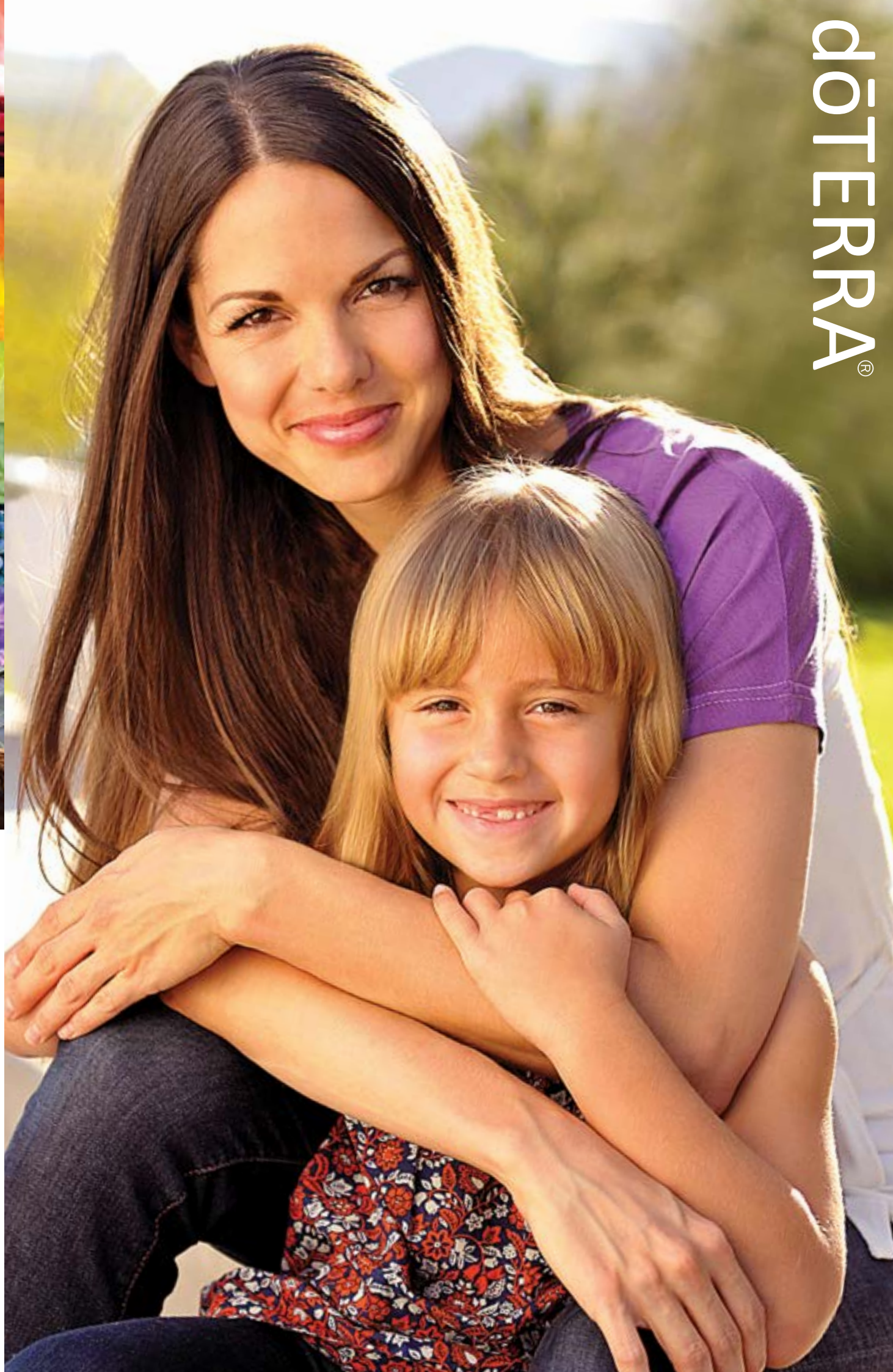




PRODUCT GUIDE 2013-14



dōTERRA®

THE dōTERRA® STORY

IN THE SPRING OF 2008, A GROUP OF HEALTH-CARE AND BUSINESS professionals who shared profound personal experiences of the life-enhancing benefits of essential oils came together with a common vision of bringing a new standard of therapeutic-grade essential oils to the world. They wanted something different that would appeal to all people, from those who knew nothing of essential oils to those who were considered to be experts in the field.

They asked themselves some defining questions: "What if we could provide the world with a new and powerful wellness alternative?" "What if we could provide this new level of wellness through a mainstream approach to essential oils?" "What if we could source, test and manufacture a higher quality of essential oil - more pure and more potent than any other oil available on the market today?" "What if we, in the most professional manner, could partner with major hospitals, doctors, scientists and opinion leaders to provide the most compelling authentication of essential oils on the planet?"

They concluded that, with the hard work and commitment of others who had a similar passion and vision, they could and would create a new paradigm for essential oils. With that conviction, they organized a company and named it dōTERRA, a Latin derivative meaning "Gift of the Earth." The first dōTERRA offering of 25 single oils and 10 oil blends were introduced for sale on April 25, 2008 to the acclaim of essential oil experts and product enthusiasts who immediately recognised the superior quality of dōTERRA therapeutic-grade essential oils at first experience.

dōTERRA has continued to add wellness products and to expand their essential oils offering as the company has enjoyed tremendous growth since its beginning.

OUR MISSION

WE AT dōTERRA ARE COMMITTED TO SHARING THE LIFE-ENHANCING BENEFITS OF THERAPEUTIC-GRADE ESSENTIAL OILS WITH THE WORLD. WE WILL DO THIS BY:

- Discovering and developing the world's highest-quality therapeutic-grade essential oil products through a leveraged network of highly-educated and experienced botanists, chemists, health scientists and health-care professionals
- Producing our essential oil products to the highest standard of quality, purity and safety used in the industry - CPTG Certified Pure Therapeutic Grade®
- Distributing our products through Independent Product Consultants who, working from home, introduce, educate and sell dōTERRA wellness products locally through person-to-person contact and globally through personalised web shopping sites
- Providing educational opportunities for all people interested in learning how therapeutic-grade essential oils can be used as a self-care wellness alternative
- Bringing together health-care professionals of traditional and alternative medicine to encourage further study and application of therapeutic-grade essential oils in modern health-care practices

CPTG Certified Pure Therapeutic Grade®



**JUNIPER BERRY
ESSENTIAL OIL**
SEE PAGE 12



REVEAL FACIAL SYSTEM
SEE PAGE 30



ON GUARD+ SOFTGEL
SEE PAGE 41



CONTENTS

- 4 WHAT ARE ESSENTIAL OILS?
- 5 CPTG CERTIFIED PURE THERAPEUTIC GRADE
- 6 ESSENTIAL OIL USES
- 7 WHERE DO I BEGIN?

ESSENTIAL OIL SINGLES

- 8 BASIL - CASSIA
- 9 SINGLE OILS QUICK REFERENCE CHART
- 10 CEDARWOOD - FRANKINCENSE
- 11 GERANIUM - HELICHRYSUM
- 12 JUNIPER BERRY - LIME
- 13 MARJORAM - ROSEMARY
- 14 SANDALWOOD - VETIVER
- 15 WHITE FIR - YLANG YLANG

ESSENTIAL OIL KITS

- 16 FAMILY PHYSICIAN KIT
- 18 AROMATOUCH TECHNIQUE KIT

BLENDS

- 20 AROMATOUCH - BREATHE
- 21 OIL BLENDS QUICK REFERENCE CHART
- 22 CITRUS BLISS - ELEVATION
- 23 IMMORTELLE - SERENITY
- 24 SLIM & SASSY - ZENDOCRINE

DEEP BLUE PRODUCTS

- 25 DEEP BLUE PRODUCTS

ON GUARD PRODUCTS

- 26 ON GUARD PRODUCTS

ESSENTIAL USAGE

- 28 ZEN DELUX DIFFUSER
- 28 ZENBOW DIFFUSER
- 28 LOTUS DIFFUSER
- 29 HAND AND BODY LOTION

ESSENTIAL SKIN CARE

- 30 ESSENTIAL ANTI-AGING SKIN CARE
- 33 CLEAR SKIN

SALON ESSENTIALS HAIR CARE

- 35 PROTECTING SHAMPOO - ROOT TO TIP SERUM

dōTERRA SPA

- 36 HEALING HANDS
- 37 CITRUS BLISS HAND LOTION - BATH BARS

WELLNESS

- 38 ALPHA CRS+ - LIFELONG VITALITY PACK
- 40 NOVOPRIME - ON GUARD+ SOFTGELS
- 42 dōTERRA WOMEN
- 43 CHILDREN'S SUPPLEMENTS
- 44 DIGESTZEN PRODUCTS

SLIM & SASSY

- 47 TRIM KIT

dōTERRA's proprietary essential wellness products are sold exclusively by Independent Product Consultants through person-to-person sharing, personalised web site and in wellness centers and spas throughout the World. To order, talk to the product consultant who provided you with this product guide or contact one of the numbers found on the back page to find a consultant in your area. Independent product distributorships are available.

TO ORDER
See back page.



What are ESSENTIAL OILS?

ESSENTIAL OILS ARE NATURAL AROMATIC COMPOUNDS FOUND IN THE SEEDS, BARK, stems, roots, flowers and other parts of plants. They can be both beautifully and powerfully fragrant. If you have ever enjoyed the gift of a rose, a walk by a field of lavender, or the smell of freshly cut mint, you have experienced the aromatic qualities of essential oils. Essential oils can lift the mood, calm the senses and elicit powerful emotional responses. Yet the use of essential oils goes well beyond their fragrant appeal.

Essential oils have been used throughout history in many cultures for their medicinal and therapeutic benefits. Modern trends toward more holistic approaches to self care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. Many have powerful cleansing properties and are naturally antimicrobial. Their unique chemical structure allows them to pass directly through the skin for immediate systemic response to topical application. Certain oils may be used as dietary aids to promote vitality and well-being.

Extraction Methods

Therapeutic-grade essential oils are most often extracted via a low-heat steam distillation process in which steam is circulated under pressure through plant material liberating the essential oils into the steam. As the steam mixture cools, the water and oils are separated and the oil is collected in its pure form. To ensure the highest quality oil extract of correct chemical composition, temperature and pressure must be monitored very closely. Too little heat and pressure will not release valuable oil; too much can fracture an extract's delicate chemical composition and alter its potency.

Equally important to the carefully controlled extraction process, the meticulous selection of correct plant species and plant parts, harvested at the perfect moment when their essential oil compounds are most concentrated, is also required for a quality therapeutic-grade essential oil extract. This complex process is as much an art form as it is a science and requires experienced growers and distillers working together to ensure a superior product.



CPTG Certified Pure Therapeutic Grade®

dōTERRA® CPTG CERTIFIED PURE THERAPEUTIC GRADE ESSENTIAL OILS are 100% pure, natural, aromatic compounds carefully extracted from plants. They do not contain fillers or artificial ingredients that would dilute their active qualities and are free of contaminants such as pesticides or other chemical residues.

As important as it is to keep contaminants out of our oils, assuring the presence of their active compounds at the right levels is necessary to guarantee safety and effectiveness. Many oils claim to be therapeutic grade and some may be pure, but few are subjected to rigorous testing standards for chemical composition. dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils are cross tested using Mass Spectrometry and Gas Chromatography to ensure both the extract purity and composition potency of each batch.

dōTERRA works closely with a global network of leading essential oil chemists and growers to select botanicals of the correct species, grown in the ideal environments and carefully harvested at the right time. The aromatic compounds of the plants are skillfully extracted by experienced distillers and subjected to chemical analysis to ensure purity and composition. dōTERRA's CPTG Certified Pure Therapeutic Grade essential oils represent the safest and most beneficial oils available in the world today.

CPTG Certified Pure Therapeutic Grade®



EQUALLY STRINGENT STANDARDS OF SAFETY and efficacy are applied to all dōTERRA Essential Wellness products. Guided by our Scientific Advisory Board, dōTERRA uses only top development and manufacturing partners who maintain GMP certification and enjoy industry reputation for superior innovation and quality. Each dōTERRA product is guaranteed to exceed customer satisfaction and performance expectations.





Uses

Essential oils are used for a very wide range of emotional and physical wellness applications. They can be used singly or in complex blends depending on user experience and desired benefit. Essential oils are usually administered by one of three methods: diffused aromatically, applied topically to the skin, or taken internally as dietary supplements. Using essential oils can be both profoundly simple and life changing at the same time. Working with someone who has used essential oils before will help first-time users have a more beneficial and enjoyable experience.

Essential oils are naturally safe and have few, if any, undesirable side effects when used as directed. They are, however, powerfully concentrated and should be used with care. Be sure to use only 100% pure, therapeutic-grade essential oils and follow all label warnings and instructions. Essential oils should never be used in the eyes or inside the ear canal. If redness or irritation occurs when using essential oils topically, simply apply a vegetable oil such as fractionated coconut oil to the affected area - water will not dilute essential oils. Consult your physician before using essential oils if you are pregnant or under a doctor’s care.

Look for the following symbols by the essential oil product descriptions in this product guide to help you with your oil selection. (Use instructions and appropriate cautions included on individual essential oil labels.)

THE dōTERRA® NETWORK OF BOTANICAL GROWERS and distillers spans the globe from Oman to Corsica, from Sri Lanka to France. Only the purest and most potent essential oils meet our strict standards of CPTG Certified Pure Therapeutic Grade®. Accept nothing less from your wellness professional or for your family.

APPLICATION METHODS

A

Can be used aromatically

T

Can be used topically

SKIN SENSITIVITY

N

Can be used topically with no dilution (NEAT)

S

Dilute for young or sensitive skin (SENSITIVE)

D

Dilute before using topically (DILUTE)

INTRODUCTION TO ESSENTIAL OILS KIT top seller

Perfect for beginners, the Introduction to Essential Oils Kit is everything you need to get started experiencing immediately the life-changing benefits of dōTERRA essential oils. The kit includes:

- Lavender essential oil (5 ml bottle)
- Lemon essential oil (5 ml bottle)
- Peppermint essential oil (5 ml bottle)
- List of suggested uses for each oil
- Introductory audio CD and booklet

32180005 | Three 5 ml bottles

Where do I BEGIN?

USING ESSENTIAL OILS IS INTUITIVELY SIMPLE and highly satisfying. However, the many oils available with their numberless combinations and wellness applications can be a bit overwhelming to beginners. As a simple first step on your journey with essential oils, we recommend a trio of Lavender, Lemon and Peppermint. Three of our most popular oils, they will provide you and your family a compelling experience with the life-enhancing properties of therapeutic-grade essential oils.



WHERE DO I BEGIN?

LAVENDER *Lavandula angustifolia*

- Apply to the bottom of feet or on a pillow before sleeping
- Use to calm reactions to a bee sting or bug bite
- Use with bath salts for a relaxing spa bathing experience
- Apply to wrists or inhale when travelling to ease motion upset
- Lightly apply to soothe sunburned or scalded skin
- Apply to back, hands, or feet of a restless or agitated child
- Use to calm and soothe diaper rash
- Calm sensitive skin and soothe pores after hair removal
- Apply to dry, chapped lips before applying lip balm
- Use with Peppermint for a healthy scalp massage
- Add to lotion for a stress-relieving hand massage

LEMON *Citrus limon*

- Add a drop to a water bottle or to water served at a restaurant
- Diffuse aromatically or apply topically for mood elevation
- Add to drop of honey to soothe a cough or sore throat
- Dilute with Coconut Oil for a daily fingernail conditioning massage
- Apply directly to cold sores for soothing relief
- Add a drop of Lemon and Peppermint to your toothbrush after use
- Diffuse in a room to neutralize odors
- Remove gum, label adhesives and greasy substances from fabric
- Use to clean kitchen counters and stainless steel appliances
- Add to olive oil for a non-toxic furniture polish

PEPPERMINT *Mentha piperita*

- Rub on stomach or feet, or take one drop internally to calm indigestion or upset stomach
- Use with Lemon in water for a healthy, refreshing mouth rinse
- Diffuse aromatically or apply topically to open sinuses and airways
- Apply with Lavender to sore, tired muscles and joints
- Breathe in during a meal to help you feel full
- Add to a cold water compress or foot bath to cool off when overheated
- Inhale as a non-stimulant, invigorating pick-me-up on long drives
- Add to shampoo and conditioner for a stimulating hair and scalp massage
- Use with Lavender and Lemon during allergy season
- Spritz on child’s shirt before study time for alertness



ESSENTIAL OIL SINGLES

THE dōTERRA® COLLECTION OF SINGLE ESSENTIAL OILS REPRESENTS THE FINEST aromatic extracts available in the world today. Each oil provides the living essence of its source botanical, gently distilled from plants that are nurtured and carefully harvested throughout the world. Each oil is 100% natural and passes strict standards of purity and potency. A beautiful palette of botanical energies, they can be used individually or blended for personalised essential oil therapies.

BASIL ESSENTIAL OIL

Ocimum basilicum



- Valued for its restorative effects, Basil is also commonly used for its calming properties.
- Soothes sore muscles and joints
 - Assists with clear breathing
 - Acts as a cooling agent for the skin

30010005 | 15 ml

BERGAMOT ESSENTIAL OIL

Citrus bergamia



- Cold pressed from the rind of the bergamot fruit, Bergamot is unique among citrus oils.
- Calming and soothing aroma
 - Promotes healthy, clear skin
 - Frequently used in massage therapy for its calming benefits

30790005 | 15 ml

BLACK PEPPER ESSENTIAL OIL

Piper nigrum



- Stimulating and flavorful, Black Pepper enhances any dish - and your health.
- Rich source of antioxidants
 - Supports healthy circulation
 - Aids digestion
 - Enhances food flavor

41040005 | 5 ml

CASSIA ESSENTIAL OIL

Cinnamomum cassia



- A close relative to cinnamon, Cassia has a wonderful fragrance and thousands of years of historical use.
- Promotes healthy digestion
 - Supports healthy immune function
 - Warming, uplifting aroma

30020005 | 15 ml



SINGLE ESSENTIAL OILS

Quick Reference Chart

	APPLICATION		SKIN SENSITIVITY			ORDER #	PAGE
	AROMATIC	TOPICAL	NEAT	SENSITIVE	DILUTE		
BASIL <i>Ocimum basilicum</i>	A	T	N			30010005	8
BERGAMOT <i>Citrus bergamia</i>	A	T		S		30790005	8
BLACK PEPPER <i>Piper nigrum</i>	A	T		S		41040005	8
CASSIA <i>Cinnamomum cassia</i>	A	T			D	30020005	8
CEDARWOOD <i>Juniperus virginiana</i> NEW!	A	T		S		49300005	10
CILANTRO <i>Coriandrum sativum</i>	A	T	N			41850005	10
CINNAMON <i>Cinnamomum zeylanicum</i>	A	T			D	30030005	10
CLARY SAGE <i>Salvia sclarea</i>	A	T	N			30420005	10
CLOVE BUD <i>Eugenia caryophyllata</i>	A	T			D	30040005	10
CORIANDER <i>Coriandrum sativum</i>	A	T	N			30780005	10
CYPRESS <i>Cupressus sempervirens</i>	A	T	N			30050005	10
EUCALYPTUS <i>Eucalyptus radiata</i>	A	T		S		30060005	10
FENNEL, SWEET <i>Foeniculum vulgare</i>	A	T		S		41290005	10
FRANKINCENSE <i>Boswellia frereana</i> top seller	A	T	N			30070005	10
GERANIUM <i>Pelargonium graveolens</i>	A	T		S		30090005	11
GINGER <i>Zingiber officinale</i>	A	T		S		30080005	11
GRAPEFRUIT <i>Citrus X paradisi</i>	A	T	N			30100005	11
HELICHRYSUM <i>Helichrysum italicum</i>	A	T	N			30410005	11
JUNIPER BERRY <i>Juniperus communis</i> NEW!	A	T	N			49290005	12
LAVENDER <i>Lavandula angustifolia</i> top seller	A	T	N			30110005	12
LEMON <i>Citrus limon</i> top seller	A	T	N			30120005	12
LEMONGRASS <i>Cymbopogon flexuosus</i>	A	T		S		30130005	12
LIME <i>Citrus aurantifolia</i>	A	T		S		30870005	12
MARJORAM <i>Origanum majorana</i>	A	T	N			30140005	13
MELALEUCA <i>Melaleuca alternifolia</i> top seller	A	T	N			30150005	13
MELISSA <i>Melissa officinalis</i>	A	T	N			30850005	13
MYRRH <i>Commiphora myrrha</i>	A	T	N			30160005	13
OREGANO <i>Origanum vulgare</i> top seller	A	T			D	30180005	13
PATCHOULI <i>Pogostemon cablin</i>	A	T	N			30890005	13
PEPPERMINT <i>Mentha piperita</i> top seller	A	T		S		30190005	13
ROMAN CHAMOMILE <i>Anthemis nobilis</i>	A	T	N			30800005	13
ROSEMARY <i>Rosmarinus officinalis</i>	A	T	N			30200005	13
SANDALWOOD <i>Santalum album</i>	A	T	N			30210005	14
SANDALWOOD, HAWAIIAN <i>Santalum paniculatum</i>	A	T	N			41860005	14
THYME <i>Thymus vulgaris</i>	A	T			D	30220005	14
VETIVER <i>Vetiveria zizanioides</i>	A	T	N			30430005	14
WHITE FIR <i>Abies alba</i>	A	T	N			30250005	15
WILD ORANGE <i>Citrus sinensis</i> top seller	A	T	N			30170005	15
WINTERGREEN <i>Gaultheria procumbens</i>	A	T		S		30230005	15
YLANG YLANG <i>Cananga odorata</i>	A	T	N			30240005	15

APPLICATION METHODS **A** Can be used aromatically **T** Can be used topically
SKIN SENSITIVITY **N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)

CEDARWOOD ESSENTIAL OIL NEW!

Juniperus virginiana

A T S

Known for promoting healthy skin and clear breathing, Cedarwood has a warm, woody, balsamic fragrance that relaxes the mind and body.

- Promotes clear breathing and supports healthy respiratory function
- Helps skin recover quickly
- Has a soothing, grounding effect on the mind and emotions
- Relaxing and calming aroma is perfect for massage therapy

49300005 | 15 ml bottle

CILANTRO ESSENTIAL OIL

Coriandrum sativum

A T N

From the leaves of the Coriander plant, Cilantro Essential Oil is commonly used for its fresh and tasty flavor.

- Aids digestion
- Rich source of antioxidants
- Gives food a fresh and tasty flavor

41850005 | 15 ml bottle

CINNAMON ESSENTIAL OIL

Cinnamomum zeylanicum

A T D

Well-known for its use as a spice, Cinnamon also has many therapeutic benefits.

- Promotes circulation, helping to alleviate aches and pains
- Builds and maintains a healthy immune system
- Long used to flavor food and for its internal health benefits

30030005 | 5 ml bottle

CLARY SAGE ESSENTIAL OIL

Salvia sclarea

A T N

Clary Sage is known for its mood-lightening properties and ability to ease monthly menstrual cycles.

- Trusted by women to soothe monthly discomfort associated with menstrual cycles
- Helps balance hormones
- Used to lift and lighten mood

30420005 | 15 ml bottle

CLOVE ESSENTIAL OIL

Eugenia caryophyllata

A T D

A favourite among health-care providers and health-conscious individuals, Clove is more than a popular cooking spice.

- Powerful antioxidant properties
- Supports cardiovascular health
- Promotes healthy teeth and gums

30040005 | 15 ml bottle

CORIANDER ESSENTIAL OIL

Coriandrum sativum

A T N

Popular across many cultures for various uses, Coriander essential oil provides a myriad of health benefits.

- Promotes digestion and eases stomach upset
- Aids in a healthy insulin response
- Soothes joint and muscle pain

30780005 | 15 ml bottle

CYPRESS ESSENTIAL OIL

Cupressus sempervirens

A T N

Distilled from the twigs and foliage of the cypress tree, Cypress essential oil is popular for its therapeutic uses and in spas.

- Used to assist with breathing and as a throat gargle
- Soothes tight, tense muscles
- Supports localised blood flow

30050005 | 15 ml bottle

EUCALYPTUS ESSENTIAL OIL

Eucalyptus radiata

A T S

Eucalyptus has many beneficial compounds and is a key ingredient in cough and throat medicines and in chest ointments.

- Assists with clear breathing
- Supports overall respiratory health
- Soothes tired, sore muscles

30060005 | 15 ml bottle

FENNEL (SWEET) ESSENTIAL OIL

Foeniculum vulgare

A T S

Used for centuries as a tonic, Fennel provides many health benefits and has a distinct liquorice aroma.

- Relieves indigestion and digestive troubles
- Eases monthly menstrual cycles
- Supports a healthy lymphatic system
- Calms minor skin irritation

41290005 | 15 ml bottle

FRANKINCENSE ESSENTIAL OIL top seller

Boswellia frereana

A T N

Perhaps the most precious of the ancient oils, Frankincense is highly versatile in uses and benefits.

- Helps build and maintain a healthy immune system
- Promotes cellular health
- Reduces the appearance of scars and stretch marks

30070005 | 15 ml bottle



PRODUCT HIGHLIGHT

frankincense

doTERRA Frankincense essential oil is steam distilled from wild-crafted gum resins of the *Boswellia frereana* trees. Highly prized in the ancient world for its fragrant and curative properties, it is a favourite among modern wellness practitioners for its many emotional and physical health applications.



“Very few oils offer the versatility and reliability of Frankincense. Its results have been proven through literally thousands of years of research and usage. I have no doubts that when I use my doTERRA® Frankincense essential oil that it is 100% safe, reliable and effective with no adverse side effects. I use it with absolute confidence that I am giving my family the best. I cannot ask for more than that.”

Katy C., Kansas

GERANIUM ESSENTIAL OIL

Pelargonium graveolens

A T S

Known for its ability to balance emotions, Geranium is also a common ingredient in skin care products.

- Promotes clear, healthy skin
- Helps calm nerves and lessen anxiety
- Supports liver health

30090005 | 15 ml bottle

GINGER ESSENTIAL OIL

Zingiber officinale

A T S

Ginger is most noted for its sweet, citrusy fragrance and positive effect on digestion.

- Helps ease indigestion and nausea
- Supports overall digestive health

30080005 | 15 ml bottle

GRAPEFRUIT ESSENTIAL OIL

Citrus X paradisi

A T N

Energising and invigorating, Grapefruit is renowned for its cleansing and purifying benefits.

- Cleanses and detoxifies
- Beneficial for oily skin issues
- Helps reduce mental and physical fatigue

30100005 | 15 ml bottle

HELICHRYSUM ESSENTIAL OIL

Helichrysum italicum

A T N

Distilled from the flower cluster of an evergreen herb, Helichrysum is one of the most precious and sought after essential oils.

- Helps skin recover quickly
- Promotes healthy liver function
- Supports localised blood flow

30410005 | 5 ml bottle

APPLICATION METHODS A Can be used aromatically T Can be used topically

SKIN SENSITIVITY N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)



JUNIPER BERRY
ESSENTIAL OIL NEW!

Juniperus communis

A | T | N

The woody, spicy, yet fresh aroma of Juniper Berry reveals its rich history of traditional use and therapeutic benefits.

- Supports healthy kidney and urinary function
- May benefit problematic skin areas
- Acts as a natural cleansing and detoxifying agent
- Helps relieve tension and stress

49290005 | 5 ml bottle

LAVENDER
ESSENTIAL OIL top seller

Lavandula angustifolia

A | T | N

Lavender has been cherished for its unmistakable aroma and therapeutic properties for thousands of years.

- Widely used for its calming and relaxing qualities
- Soothes occasional skin irritations
- Helps skin recover quickly
- Eases muscle tension in the head and neck

30110005 | 15 ml bottle

LEMON
ESSENTIAL OIL top seller

Citrus limon

A | T | N

This top-selling oil has multiple uses and benefits and is cold pressed from lemon rinds to preserve its delicate nature and potent properties.

- Known as a powerful aromatic and internal cleanser
- Cleanses the air and uplifts mood
- Can be used throughout the home as a non-toxic cleaner

30120005 | 15 ml bottle

LEMONGRASS
ESSENTIAL OIL

Cymbopogon flexuosus

A | T | S

Long used in Asian and Caribbean cooking for its subtle lemony flavor and aroma, Lemongrass boasts many therapeutic benefits.

- Supports healthy digestion
- Soothes aching muscles
- Purifies and tones skin

30130005 | 15 ml bottle

LIME
ESSENTIAL OIL

Citrus aurantifolia

A | T | S

The sharp, citrus smell of Lime makes it a must-have in any essential oils collection.

- A powerful antioxidant that supports healthy immune function*
- Positively affects mood with stimulating and refreshing properties
- Used as an aromatic, topical and internal cleanser
- Promotes emotional balance and well-being

30870005 | 15 ml bottle

MARJORAM
ESSENTIAL OIL

Origanum majorana

A | T | N

Also known as “wintersweet” or “joy of the mountains,” Marjoram has both culinary uses and therapeutic benefits.

- Valued for its calming properties and positive effect on the nervous system
- Soothes tired, stressed muscles
- Supports a healthy respiratory system
- Benefits the cardiovascular system

30140005 | 15 ml bottle

MELALEUCA
ESSENTIAL OIL top seller

Melaleuca alternifolia

A | T | N

More commonly called “tea tree,” Melaleuca has 90 different compounds and limitless applications.

- Renowned for its cleansing and rejuvenating effect on the skin
- Promotes healthy immune function
- Protects against environmental and seasonal threats

30150005 | 15 ml bottle

MELISSA
ESSENTIAL OIL

Melissa officinalis

A | T | N

Our rarest oil, Melissa has a sweet, fresh, citrus-like fragrance and a wide range of beneficial properties.

- Supports a healthy immune system
- Calms tension and nerves
- Addresses stomach discomfort

30850005 | 5 ml bottle

MYRRH
ESSENTIAL OIL

Commiphora myrrha

A | T | N

Used historically in many ways - from meditation to embalming - Myrrh is still frequently recommended today.

- Powerful cleansing properties, especially for the mouth and throat
- Soothing to the skin; promotes a smooth, youthful-looking complexion
- Promotes emotional balance and well-being

30160005 | 15 ml bottle

OREGANO
ESSENTIAL OIL top seller

Origanum vulgare

A | T | D

Used by Hippocrates, the father of medicine, Oregano has many traditional and modern uses.

- Used as a cleansing agent
- Supports healthy digestion and respiratory function
- Excellent source of phenolic acids and flavonoids - powerful antioxidants

30180005 | 15 ml bottle



PATCHOULI
ESSENTIAL OIL

Pogostemon cablin

A | T | N

Patchouli is easily recognisable for its rich, musky-sweet fragrance.

- Has a grounding, balancing effect on emotions
- Helps skin recover quickly

30890005 | 15 ml bottle

PEPPERMINT
ESSENTIAL OIL top seller

Mentha piperita

A | T | S

A top-selling favourite, Peppermint provides a myriad of health benefits.

- Promotes healthy respiratory function and clear breathing
- Alleviates stomach upset
- Frequently used in toothpaste and chewing gum for oral health

30190005 | 15 ml bottle

PEPPERMINT BEADLETS

Experience a refreshing, invigorating burst of Peppermint in the convenience of a quickly dissolving beadlet.

- Promotes oral and respiratory health
- Alleviates stomach upset
- Provides all the benefits of Peppermint essential oil

38150005 | 125 beadlets

ROMAN CHAMOMILE
ESSENTIAL OIL

Anthemis nobilis

A | T | N

The most versatile of the chamomiles, Roman Chamomile is extracted from the daisy-like flower of the Roman chamomile plant.

- Has a therapeutic, calming effect on the skin, mind and body
- Soothes the systems of the body
- Supports a healthy inflammatory response

30800005 | 5 ml bottle

ROSEMARY
ESSENTIAL OIL

Rosmarinus officinalis

A | T | N

Considered sacred by the ancient Greek, Roman, Egyptian and Hebrew cultures, Rosemary has long been revered by healers.

- Supports healthy digestion
- Soothes muscle aches and pain

30200005 | 15 ml bottle



PRODUCT HIGHLIGHT

lavender

Known for its many calming properties, Lavender is the most widely used essential oil in the world. It takes over 27 Kg of lavender flower tops to produce just 470 ml of therapeutic-grade essential oil.

* This product is not intended to diagnose, treat, cure or prevent any disease.

“Sandalwood is earthy and calming. I use it when I need grounding by applying a few drops on the soles of my feet or adding it in my work diffuser. Amazing results - can change my clients’ mood and helps me focus on what matters.”

Jacqueline L.,
Victoria, Australia



SANDALWOOD
ESSENTIAL OIL

Santalum album



With documented history of use over several thousand years, Sandalwood has a wide variety of applications.

- Promotes healthy, smooth skin
- Reduces the appearance of scars and blemishes
- Enhances mood
- Frequently used in meditation for its grounding and uplifting properties

30210005 | 5 ml bottle

SANDALWOOD,
HAWAIIAN
ESSENTIAL OIL

Santalum paniculatum



From a renewable source in Hawaii, dōTERRA Hawaiian Sandalwood delivers a variety of benefits.

- Promotes healthy, smooth skin
- Reduces the appearance of scars and blemishes
- Enhances mood
- Frequently used in meditation for its grounding and uplifting properties

41860005 | 5 ml bottle

THYME
ESSENTIAL OIL

Thymus vulgaris



Thyme, familiar to most as a common seasoning, produces a potent essential oil.

- Cleansing and clarifying effect for the skin
- Broad-spectrum activity in promoting winter-time health

30220005 | 15 ml bottle

VETIVER
ESSENTIAL OIL

Vetiveria zizanioides



Vetiver is loved for its rich, exotic, complex aroma and is used extensively in perfumes.

- Supports healthy circulation
- Has a calming, grounding effect on emotions
- Has immune-enhancing properties

30430005 | 15 ml bottle

WHITE FIR
ESSENTIAL OIL

Abies alba



Derived from the soft needles of the white fir tree, White Fir is most notable for soothing sore muscles and joints.

- Alleviates the pain and discomfort of sore muscles and joints
- Supports clear breathing and respiratory function
- Energises the body and the mind

30250005 | 15 ml bottle

WILD ORANGE
ESSENTIAL OIL top seller

Citrus sinensis



Cold pressed from the peel, Wild Orange releases an energizing, citrusy aroma.

- Powerful cleanser and purifying agent
- Protects against environmental and seasonal threats
- Immune-enhancing benefits
- Energising and revitalising to the mind and body

30170005 | 15 ml bottle

WINTERGREEN
ESSENTIAL OIL

Gaultheria procumbens



Most consumers recognise the aroma and flavor of Winter Green from its popularity in candy and chewing gum.

- Soothes achy muscles and joints
- Promotes healthy respiratory function

30230005 | 15 ml bottle

YLANG YLANG
ESSENTIAL OIL

Cananga odorata



Ylang Ylang, while famed for its exquisite fragrance, has much to offer therapeutically.

- Helps balance hormones
- Promotes healthy skin and hair
- Lifts mood while having a calming effect

30240005 | 15 ml bottle



PRODUCT HIGHLIGHT

wild orange

dōTERRA® Wild Orange essential oil comes from the thick rinds of oranges grown in citrus groves of the Dominican Republic. It is 100% natural, preservative and pesticide free and never diluted with more commonly used citrus oils of inferior quality.

APPLICATION METHODS **A** Can be used aromatically **T** Can be used topically

SKIN SENSITIVITY **N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)



dōTERRA® + FAMILY PHYSICIAN® KIT

NATURE’S MEDICINE CABINET - The dōTERRA Family Physician Kit contains 10 essential oils and blends - the “feel better” essentials that parents need on a daily basis to care for their families. Experience the infinite ways that dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils can help you help your family.

FAMILY PHYSICIAN KIT top seller

This collection of 10 nurturing essential oils and blends provides what you need to care for your family's everyday health needs with simple and safe methods featuring essential oils.

The Family Physician Kit includes:

- Ten 5 ml bottles of essential oils and blends
 - Lavender
 - Lemon
 - Peppermint
 - Melaleuca
 - Oregano
 - Frankincense
 - Deep Blue
 - Breathe
 - DigestZen
 - On Guard

- Audio presentation by Dr. David K. Hill, dōTERRA Chief Medical Officer
- Lists of suggested uses for each oil

32790005 | Ten 5 ml bottles



dōTERRA® + FAMILY PHYSICIAN® KIT



FRANKINCENSE ESSENTIAL OIL



One of the most precious essential oils of the ancient world, dōTERRA's exclusive Frankincense is an essential addition to your family's medicine cabinet and emergency supplies. Frankincense is powerfully versatile and a favourite alternative for many health applications - when in doubt, use Frankincense!

- Use to clean and dress minor cuts, bites and sores
- Apply to neck and forehead with Lavender and Peppermint to help calm stress and headaches
- Apply to the bottom of the feet or take internally in capsules to support immune function
- Use with Fractionated Coconut Oil or favourite face moisturiser for beautiful, radiant skin
- Use aromatically and topically to help lift mood and awareness



LAVENDER ESSENTIAL OIL



All Things Calming

- Diffuse or apply topically to calm anxiety and soothe emotions
- Apply topically to soothe irritated skin and lips
- Massage on back or bottom of feet and apply a drop to pillow at bedtime
- Apply immediately to help calm reaction to a bee sting or bug bite

LEMON ESSENTIAL OIL



Clean and Freshen

- Add a drop to honey to soothe a dry or sore throat
- Diffuse in a room to neutralise odors and elevate mood
- Use to clean kitchen counters and stainless steel appliances
- Take internally with water as an antioxidant and detoxifier

PEPPERMINT ESSENTIAL OIL



Cool and Invigorate

- Use with Lemon in water for a healthy, refreshing mouth rinse
- Inhale deeply to invigorate lungs and increase alertness
- Add to water in a spray bottle and mist body when overheated
- Apply to neck and forehead with Lavender to calm headaches



MELALEUCA ESSENTIAL OIL



First Aid for the Skin

- Apply to skin blemishes and rashes as part of a daily cleansing program
- Use with shampoo or conditioner for healthy scalp and hair
- Apply to feet and toenails after showering, swimming or working out

OREGANO ESSENTIAL OIL



Natural Immune Support

- Take several drops in an empty veggie cap for periodic immune support*
- Dilute and apply to bottom of feet of kids and adults as a natural defense
- Use internally as part of a monthly cleansing regimen for GI health

DEEP BLUE® SOOTHING BLEND



Muscle and Joint Support

- Apply directly to tired, aching joints
- Rub on muscles before and after exercise to reduce discomfort
- Use with carrier oil for a therapeutic deep-tissue massage

BREATHE RESPIRATORY BLEND



Respiratory Support

- Apply topically to chest and neck to help clear lungs and sinuses
- Diffuse or add to humidifier at bedtime for more restful sleep
- Apply to chest or bottom of feet for seasonal respiratory discomfort

DIGESTZEN® DIGESTIVE BLEND



Digestive Support

- Rub on stomach to ease digestive discomfort, nausea, or motion sickness
- Take internally at meal times to support healthy, comfortable digestion
- Apply to the bottom of feet of children to help ease digestive issues

ON GUARD® PROTECTIVE BLEND



Natural Defense

- Dilute and gargle morning and night as a protective mouth rinse
- Take several drops in an empty veggie cap or diffuse in a room for added immune support*
- Dilute in spray bottle to clean doorknobs, telephones and other community surfaces



AROMATOUCH® TECHNIQUE

A CLINICAL APPROACH TO ESSENTIAL OIL APPLICATION

1

STRESS
MANAGEMENT



2

IMMUNE
SUPPORT



3

INFLAMMATORY
RESPONSE



4

HOMEOSTASIS



AROMATOUCH® TECHNIQUE KIT

Increase the benefits you experience with CPTG® essential oils by incorporating the AromaTouch Technique into your healthy lifestyle philosophy. This kit contains 5 ml bottles of the 8 CPTG oils used in the AromaTouch Technique, as well as the AromaTouch overview booklet and presentation box. You will also receive dōTERRA® Fractionated Coconut Oil (4 oz) when you purchase this kit.

32570005 | Eight 5 ml bottles



AROMATOUCH® PROFESSIONAL KIT

Save 60€ and £65 over buying three AT Kits. Three times more oils for approximately 2/3 the cost.

32730005



dōTERRA® AROMATOUCH® TECHNIQUE IS A simple step-by-step method of applying therapeutic grade essential oils topically to produce a profound whole-body wellness experience. The many benefits of the AromaTouch Technique include stress management, immune support, and autonomic balance.

The AromaTouch Technique Kit includes 5 ml bottles of dōTERRA Balance Grounding Blend, Lavender, Melaleuca, On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint and a 4 oz bottle of Fractionated Coconut Oil. The kit also includes a training DVD and overview booklet in a beautiful presentation box. Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and health benefits.*

"I love doing the AromaTouch Technique on moms and dads so they can learn how to do the same for their families. It is a win-win situation."

Peggy S., Utah



Proprietary ESSENTIAL OIL BLENDS

dōTERRA® ESSENTIAL OIL BLENDS ARE PROPRIETARY FORMULAS FOR TARGETED wellness applications. They represent the converging wisdom of many years of therapeutic essential oil experience and validation of a growing body of research and scientific study. Harnessing the inherent living energies of plants, each formula is synergistically balanced to enhance product potency and benefits and contains only CPTG Certified Pure Therapeutic Grade® essential oils.

AROMATOUCH® MASSAGE BLEND



This proprietary massage blend combines the therapeutic benefits of oils well known for their soothing and relaxing effects.

- Features Basil, Grapefruit, Cypress, Marjoram, Peppermint and Lavender essential oils
- Relaxes muscles, calms tension, promotes circulation and soothes joints

31200005 | 15 ml bottle

BALANCE GROUNDING BLEND



Balance Grounding Blend has a warm, woody aroma that creates a sense of calmness and well-being.

- Features Spruce, Rosewood, Frankincense and Blue Tansy essential oils
- Promotes whole body relaxation
- Evokes feelings of tranquility and balance

31010005 | 15 ml bottle

BREATHE top seller RESPIRATORY BLEND



This remarkable blend of dōTERRA essential oils promotes clear breathing and healthy respiratory function.

- Proprietary blend includes Laurel Leaf, Peppermint, Eucalyptus, Melaleuca, Lemon and Ravensara
- Maintains clear airways and breathing
- Supports overall respiratory health
- Perfect for night-time diffusion, allowing for a restful sleep

31070005 | 15 ml bottle



ESSENTIAL OIL BLENDS

Quick Reference Chart

	APPLICATION		SKIN SENSITIVITY			ORDER #	PAGE
	AROMATIC	TOPICAL	NEAT	SENSITIVE	DILUTE		
AROMATOUCH® <i>Massage Blend</i>		T	N			31200005	20
(Cypress, Marjoram, Peppermint, Basil, Grapefruit, Lavender)							
BALANCE <i>Grounding Blend</i>	A	T	N			31010005	20
(Spruce, Rosewood, Frankincense, and Blue Tansy in a base of Fractionated Coconut Oil)							
BREATHE <i>Respiratory Blend</i> top seller	A	T		S		31070005	20
(Laurel Leaf, Peppermint, Eucalyptus radiata, Ravensara, Melaleuca alternifolia, Lemon,)							
CITRUS BLISS <i>Invigorating Blend</i>	A	T	N			31020005	22
(Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, Clementine, with Vanilla absolute)							
CLARYCALM® <i>Monthly Blend for Women</i>	A	T	N			35270005	22
(Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa Guatemala, Vitex)							
CLEAR SKIN <i>Topical Blend</i>		T	N			37170005	22
(black cummin seed oil, and Rosewood, Melaleuca, Eucalyptus, Geranium, Lemongrass essential oils)							
DEEP BLUE® <i>Soothing Blend</i> top seller		T		S		31050005	22
(Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum, Osmanthus)							
DIGESTZEN® <i>Digestive Blend</i> top seller	A	T	N			31030005	22
(Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander, Anise)							
ELEVATION® <i>Joyful Blend</i>	A	T	N			31040005	22
(Lavandin, Tangerine, Elemi, Lemon Myrtle, Melissa, Ylang Ylang, Osmanthus, Hawaiian Sandalwood)							
IMMORTELLE <i>Anti-Aging Blend</i>		T	N			37140005	23
(Frankincense, Sandalwood, Lavender, Myrrh, Helichrysum, and Rose)							
INTUNE® <i>Focus Blend</i>	A	T	N			41840005	23
(Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, Hawaiian Sandalwood, Roman Chamomile)							
ON GUARD® <i>Protective Blend</i> top seller	A	T		S		31100005	23
(Wild Orange, Clove, Cinnamon, Eucalyptus radiata, Rosemary)							
PASTTENSE® <i>Tension Blend</i>	A	T	N			31350005	23
(Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary)							
PURIFY <i>Cleansing Blend</i>	A	T	N			31060005	23
(Lemon, Lime, Pine, Citronella, Melaleuca alternifolia, Cilantro)							
SERENITY <i>Calming Blend</i>	A	T	N			31090005	23
(Lavender, Sweet Marjoram, Roman Chamomile, Ylang Ylang, Hawaiian Sandalwood with vanilla bean extract)							
SLIM & SASSY® <i>Metabolic Blend</i> top seller	A	T		S		31370005	24
(Grapefruit, Lemon, Peppermint, Ginger, Cinnamon)							
TERRASHIELD® <i>Repellent Blend</i>	A	T	N			31190005	24
(a proprietary blend of 15 CPTG Certified Pure Therapeutic Grade® essential oils in a base of pure Fractionated Coconut Oil)							
WHISPER™ <i>Blend for Women</i>	A	T	N			31080005	24
(Patchouli, Bergamot, Hawaiian Sandalwood, Cinnamon, Vetiver, Ylang Ylang with absolutes of Rose, Jasmine, Cistus, Cocoa and Vanilla)							
ZENDOCRINE® <i>Detoxification Blend</i>	A	T		S		31460005	24
(Clove, Grapefruit, Rosemary, Geranium)							

APPLICATION METHODS A Can be used aromatically T Can be used topically

SKIN SENSITIVITY N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)

* This product is not intended to diagnose, treat, cure or prevent any disease.



CITRUS BLISS
INVIGORATING BLEND

A T N

The harmonious blend of Citrus Bliss combines the powerful benefits of popular citrus essential oils.

- Merges Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine and Clementine essential oils with a hint of vanilla
- Cleanses and purifies the air
- Helps reduce stress and anxiety
- Positively affects mood with energising and refreshing properties

31020005 | 15 ml bottle

CLARYCALM™
MONTHLY BLEND
FOR WOMEN

A T N

dōTERRA ClaryCalm helps women manage the symptoms of PMS and the transitional phases of menopause in a natural, effective way.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Palmarosa, Carrot Seed and Vitex essential oils
- Helps balance hormones
- Provides temporary respite from cramps, nausea, hot flashes and emotional swings

35270005 | 10 ml roll on

CLEAR SKIN
TOPICAL BLEND

T N

Clear Skin promotes a clear and healthy complexion with essential oils renowned for their skin-beneficial properties.

- Unique blend of Rosewood, Melaleuca, Eucalyptus, Geranium and Lemongrass
- Helps control overactive sebaceous glands
- Promotes clear, smooth skin
- Soothes skin irritations

37170005 | 10 ml roll on

“I use Breathe Respiratory Blend on the bottom of my child’s feet at night when they have a cough, and they sleep the whole night through. I don’t have to wake them up during the night to give them more syrup. I really appreciate this natural alternative for my family.”

Angela M., Montana

DEEP BLUE® top seller
SOOTHING BLEND

T S

Deep Blue provides soothing relief for sore muscles and joints that can be felt almost immediately.

- Features Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum and Osmanthus essential oils
- Soothes sore muscles and achy joints
- Supports healthy circulation

31050001 | 5 ml bottle

31380005 | 10 ml roll on

DIGESTZEN® top seller
DIGESTIVE BLEND

A T N

The well-recognised essential oils in DigestZen are known for providing soothing digestive relief.

- Features a proprietary blend of Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander and Anise essential oils
- Aids in the digestion of foods
- Maintains a healthy gastrointestinal tract
- Soothes occasional stomach upset

See page 41 for DigestZen Softgels

31030005 | 15 ml bottle

ELEVATION™
JOYFUL BLEND

A T N

Elevation is a proprietary blend of mood-elevating essential oils that revitalise the mind and body.

- Features Lavandin, Tangerine, Elemi, Lemon Myrtle, Melissa, Ylang Ylang, Osmanthus and Hawaiian Sandalwood essential oils
- Elevates mood and increases vitality
- Energising and refreshing aroma

31040005 | 15 ml bottle

IMMORTELLE
ANTI-AGING BLEND

T N

This powerful blend of anti-aging essential oils nourishes and protects skin for a smooth, radiant, youthful-looking complexion.

- Features the renewing power of rare essential oils - Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum and Rose
- Reduces the appearance of fine lines and wrinkles
- Helps reduce inflammation, a contributing factor to aging skin
- Supports skin at the cellular level

37140005 | 10 ml roll on

INTUNE™
FOCUS BLEND

A T N

InTune is a proprietary blend of carefully selected essential oils known to promote mental clarity and focus.

- Enhances and sustains focus
- Supports efforts of those who have difficulty paying attention and staying on task
- Promotes healthy thought processes

41840005 | 10 ml roll on

ON GUARD®
PROTECTIVE BLEND

A T S

With its unique aroma, On Guard offers a fragrant, natural and effective alternative to synthetic options for immune support.

- Features a combination of Wild Orange, Clove Bud, Cinnamon, Eucalyptus and Rosemary essential oils
- Formulated to support healthy immune function
- Protects against environmental threats
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air though diffusion

See page 41 for On Guard+ Softgels

31100005 | 15 ml bottle

ON GUARD® BEADLET

On Guard Beadlets provide an easy and convenient way to obtain the immune-boosting benefits of On Guard Protective Blend.

- Supports healthy immune function*
- Provides a convenient consumption method for On Guard Protective Blend
- Freshens breath

35410005 | 125 beadlets



PASTTENSE®
TENSION BLEND

A T N

PastTense is a distinctive blend of essential oils known to reduce the discomforts associated with tension and stress.

- Features Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil and Rosemary essential oils
- Eases muscle tension in the head and neck
- Helps reduce stress and anxiety
- Packaged for convenient application in a roll-on bottle

31350005 | 10 ml roll on

PURIFY
CLEANSING BLEND

A T N

Purify is designed to eliminate odors and other contaminants naturally - without toxic additives.

- Features Lemon, Lime, Pine, Citronella, Melaleuca and Cilantro essential oils
- Refreshing aroma eradicates unpleasant odors and clears the air
- Protects against environmental threats

31060005 | 15 ml bottle

SERENITY
CALMING BLEND

A T N

Serenity relaxes the mind and body while creating a sense of peace and well-being.

- Features Lavender, Sweet Marjoram, Roman Chamomile, Ylang Ylang and Hawaiian Sandalwood essential oils and Vanilla Bean
- Creates a perfect escape with its calming, renewing fragrance
- Supports restful sleep
- Diffuses into a subtle aroma, ideal for aromatic benefits

31090005 | 15 ml bottle



APPLICATION METHODS **A** Can be used aromatically **T** Can be used topically

SKIN SENSITIVITY **N** Can be used topically with no dilution (NEAT) **S** Dilute for young or sensitive skin (SENSITIVE) **D** Dilute before using topically (DILUTE)



SLIM & SASSY® **top seller**
METABOLIC BLEND

A **T** **S**

Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.

- Formulated with Grapefruit, Lemon, Peppermint, Ginger and Cinnamon essential oils
- Promotes healthy metabolism
- Helps manage hunger cravings
- Calms your stomach and lifts your mood
- Diuretic, stimulant and calorie free

31370005 | 15 ml bottle

TERRASHIELD®
REPELLENT BLEND

A **T** **N**

Just a small amount of super-concentrated TerraShield provides powerful coverage for up to six hours.

- A proprietary blend of essential oils carefully balanced in a base of 100% pure Fractionated Coconut Oil
- Repels insects more effectively than other synthetic repellents
- Can be used safely by everyone in the family

31190005 | 15 ml bottle

WHISPER™
BLEND FOR WOMEN

A **T** **N**

Create a beautiful and unique personal fragrance with the essences of the most appealing CPTG® essential oils.

- Contains Rose, Jasmine, Bergamot, Cinnamon, Cistus, Vetiver, Ylang Ylang, Cocoa, Vanilla, Hawaiian Sandalwood and Patchouli
- Combines with your individual chemistry to create a beautiful, unique and personal fragrance

31080005 | 5 ml bottle

ZENDOCRINE®
DETOXIFICATION BLEND

A **T** **S**

Support your body's natural detoxification systems with Zendocrin.

- Features a proprietary blend of Clove, Grapefruit, Rosemary and Geranium essential oils
- Supports healthy liver function
- Can be used individually or in combination with Zendocrin Detoxification Complex

31460005 | 15 ml bottle

Play longer and harder with
DEEP BLUE® PRODUCTS

ACCORDING TO RECENT STUDIES, ONGOING discomfort is something more than half of us are experiencing on a daily basis. dōTERRA®'s soothing combination of CPTG Certified Pure Therapeutic Grade® essential oils of Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum and Osmanthus become an ally for occasional achy muscles by offering penetrating and sustained results from discomfort. Available as a cream or roll-on for easy application, sore joints and muscles will not want to be without this therapeutic and soothing blend.*



DEEP BLUE PRODUCTS



DEEP BLUE® **top seller**
SOOTHING BLEND

T **S**

A synergistic blend of CPTG® essential oils Deep Blue provides instant relief for the occasional discomfort of tired, sore and worn-down muscles.

- Features Wintergreen, Camphor, Peppermint, Blue Tansy, German Chamomile, Helichrysum and Osmanthus essential oils
- Apply directly to area to relieve occasional joint and muscle pain

31050005 | 5 ml bottle

31380005 | 10 ml roll on

DEEP BLUE® RUB
SOOTHING LOTION

Infused with Deep Blue Soothing Blend, Deep Blue Rub provides targeted comfort to the occasional pain associated with tired and sore joints and muscles.

- Formulated with the Deep Blue proprietary blend of essential oils and other powerful ingredients
- Cools and warms problem areas
- Blended in a base of moisturizing emollients that leave your skin feeling soft, not greasy

38900005 | 120 ml

DEEP BLUE® RUB SAMPLES **NEW!**

Receive the targeted comfort of dōTERRA Deep Blue Rub in a convenient 10 pack carton. Enjoy sharing its soothing power at sporting events, the gym, or on-the-go.

- Ten 2 ml foil packets
- Formulated with Deep Blue Soothing Blend
- Easy to share and convenient to take on-the-go

38950005 | Ten 2 ml samples

DEEP BLUE® KIT

- Two x 120 ml Deep Blue Rub
- One x 10 ml Deep Blue Soothing Blend Roll On

41790005



Support immune function with ON GUARD PRODUCTS

ON GUARD IS ONE OF THE MOST POPULAR AND VERSATILE dōTERRA® CPTG Certified Pure Therapeutic Grade® essential oil blends. The proprietary combination of Wild Orange, Clove, Cinnamon, Eucalyptus and Rosemary essential oils is an active component in a first line of defense for immune support. It is a non-toxic and superb way to support the immune system. The On Guard Protective Blend has been integrated into a variety of dōTERRA products to provide diverse ways to use its powerful benefits. The latest opportunity to enjoy On Guard protection is through On Guard Laundry Detergent for naturally clean clothes.

ON GUARD® FOAMING HAND WASH

Keep your hands clean and protected with the power of On Guard essential oil blend.

- Conveniently packaged in a 16-ounce refillable bottle that fills 8-ounce foaming dispensers
- Formulated with the immune-supportive On Guard Protective Blend
- Non-toxic and environmentally safe

1 On Guard® Foaming Hand Wash with 2 dispensers

380700051	43 ml Hand Wash, 2 dispensers
-----------	-------------------------------

2 Single Refill

38010005	43 ml Hand Wash
----------	-----------------

3 Twin Pack Refill

380200051	Two 43 ml Hand Wash
-----------	---------------------



1

2

3



ON GUARD® top seller PROTECTIVE BLEND

A T S

With its unique aroma, On Guard offers a fragrant, natural, and effective alternative to synthetic options for immune support.

- Features a combination of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils
- Formulated to support healthy immune function
- Protects against environmental threats
- Safe for use on countertops, as a non-toxic cleaner, or to purify the air through diffusion
- See page 41 for On Guard+ Softgels

31100005	15 ml bottle
----------	--------------



ON GUARD® PROTECTING THROAT DROPS

Keep your winter season healthy with the convenience of these immune-supporting throat drops.

- Helps calm and soothe occasional dry, scratchy throats
- Features the immune-supporting properties of On Guard Protective Blend
- Formulated with all-natural organic cane juice and brown rice syrup

34050005	30 drops
----------	----------



ON GUARD® BEADLETS

On Guard Beadlets provide an easy and convenient way to obtain the immune-boosting benefits of On Guard Protective Blend.

- Supports healthy immune function*
- Provides a convenient consumption method for On Guard Protective Blend
- Freshens breath

35410005	125 beadlets
----------	--------------

ON GUARD® NATURAL WHITENING TOOTH- PASTE

Clean and protect teeth with the added benefit of therapeutic-grade On Guard essential oil blend.

- Fluoride-free formulation helps reduce plaque while whitening teeth
- Unique cinnamon-mint flavor mixed with xylitol for fresh and clean breath and toothbrush
- Boasts the protective benefits of On Guard essential oil blend

38910005	113 g
----------	-------

41910005	Three 113 g tubes
----------	-------------------



ON GUARD® LAUNDRY DETERGENT NEW!

On Guard Laundry Detergent is a naturally-based, highly-concentrated 6X laundry detergent that utilizes the power of On Guard Protective Blend and bio-originated enzymes for amazingly clean clothes.

- Each naturally sourced enzyme targets and gently removes specific types of stains
- Contains 10 ml of On Guard Protective Blend (over 26 € / £20 retail value) for an added cleaning boost
- Safe for the environment and the whole family
- 64 loads in each bottle; 1 Tablespoon = 1 load (using a high efficiency washer)
- Great as a pre-treatment for stains

38980005	947 ml
----------	--------

ON GUARD® CLEANER CONCENTRATE

The ideal natural cleaner, On Guard Concentrate is fortified with On Guard Protective Blend.

- Features a non-toxic, biodegradable formula safe for the entire family
- Combines plant-based derivatives with the powerful On Guard Protective Blend
- Perfect for hard surface cleaning needs with exceptional results
- Leaves behind a clean, invigorating scent

38140005	355 ml bottle
----------	---------------





ESSENTIAL USAGE

THE BENEFITS OF CPTG® ESSENTIAL OILS CAN BE REALISED THROUGH SEVERAL DELIVERY METHODS: aromatically, topically and internally. dōTERRA helps facilitate the different options for the use of essential oils in their various forms, by providing quality products that follow traditional applications as well as more technologically advanced applications with state-of-the-art diffusers. Using a variety of application methods can offer a unique and exciting experience with each oil. Be sure to refer to the essential oil usage charts and follow usage recommendations to ensure safe application.

AROMATIC USE

ZEN DELUXE DIFFUSER

Made from natural wood, it combines the aesthetics of nature with a soft glowing light to create a peaceful and tranquil environment. In addition this system allows you to plug in your favourite music from your ipod or MP3 player. Set the system timer for automated diffusion of scents and sounds that you will love.

- Light effect in 6 colours (Red, Orange, Yellow, Blue, Green and Purple)
- Choice of 2 natural sounds and 3 musical pieces.
- Remote control and sleep timer function.
- Low water level indicator.
- Power: AC/DC adaptor (included) with appropriate EU/UK plugs.

33120005

ZENBOW DIFFUSER

The Zenbow benefits from colour changing mood lighting which moves through a rainbow of colours whilst emitting a cool, scented and relaxing mist for up to 4 hours. You can also freeze the setting to a favourite colour or turn off the light. It also comes with a 1-year manufacturers warranty.

33110005

LOTUS DIFFUSER

Distributed exclusively by dōTERRA, the Lotus diffuser features an elegant oil-drop shape and quietly diffuses essential oils for aromatic benefits.

- Uses highly efficient real-time atomization technology to effectively diffuse essential oils
- Atomizes essential oils along with water into ion particles and active oxygen ions, which are more easily absorbed by the body

33010005

FRACTIONATED COCONUT OIL

T N

Combining dōTERRA Fractionated Coconut Oil with your favourite dōTERRA essential oils for your own readily-absorbable blend.

- Feather-light emollient provides a soothing barrier without clogging pores
- Ideal for combining with essential oils for topical therapies
- Completely soluble with all essential oils; odorless, colourless, and non-staining

30260005 115 ml bottle



TOPICAL USE

HAND AND BODY LOTION

Enjoy the benefits of adding your favourite essential oils as you discover silky, smooth skin with this hydrating lotion.

- Fragrance-free, light-weight lotion - perfect for hydrating the skin
- Combine with your favourite essential oils for added benefits
- Provides your skin with important antioxidants, botanicals and humectants
- Features cruciferous vegetable extracts to help build the skin's natural defenses

36100005 200 ml tube

3-PACK

36110005 3 200 ml tubes

MOOD MANAGEMENT KIT

The Mood Management Kit is perfect to replenish your oils from the Essential Air Kit, use with any of the dōTERRA Diffusers or mix with the Hand & Body Lotion providing a convenient application method of dōTERRA essential oils.

- Enhances mood with Elevation, Serenity, Balance, and Citrus Bliss essential oils

32680005



ESSENTIAL AIR KIT

A change of air is a fantastic thing! A powerful and beautiful scented selection of oils that are great for diffusing.

- Zenbow Ultrasonic Diffuser
- Enhances mood with Elevation, Serenity, Balance and Citrus Bliss plus Wild Orange and White Fir essential oils
- Intro Kit (Lemon, Lavender and Peppermint)

41880005





Healthy, radiant skin with dōTERRA®
ESSENTIAL SKIN CARE

dōTERRA® ESSENTIAL SKIN CARE IS A FAMILY OF SKIN CARE PRODUCTS designed to maximise the natural power of essential oils in helping to keep your skin feeling and looking young, healthy and gorgeous. In addition to a careful selection of CPTG Certified Pure Therapeutic Grade® essential oils added in generous proportion to each product, the Essential Skin Care line includes cutting-edge technologies that complement essential oils in targeting the visible signs of both cellular and mechanical aging.

CLINICALLY SUPPORTED
BENEFITS OF THE ESSENTIAL
SKIN CARE INGREDIENTS

- Stimulates collagen production
- Smoothes skin texture
- Reduces appearance of wrinkles
- Minimises mechanical creasing
- Minimises pore appearance
- Evens tone; reduces discolouration
- Protects against further damage
- Improves cellular hydration and nutrition



REVEAL FACIAL SYSTEM NEW!
Reveal Facial System is a two-step process that will give your face a spa-like treatment, bringing the glow of your skin's radiance and beauty to the surface.

- Features dōTERRA citrus essential oils of Lime and Wild Orange to purify the skin
- Tiny polishing beads and botanical enzymes exfoliate dead skin cells for a fresh face
- Protein-building peptides support healthy and youthful-looking skin
- Nutrient-rich formula helps maintain a radiant complexion

37340005 | Two 50 ml tubes



FACIAL CLEANSER

Leave your skin feeling clean, fresh, and smooth with the dōTERRA Facial Cleanser.

- Features Melaleuca and Peppermint CPTG® essential oils to gently cleanse and lift away impurities
- Cruciferous vegetable extracts work to inhibit skin irritation and reduce oxidative stress

37010005 | 120 ml

PORE REDUCING TONER

dōTERRA Pore Reducing Toner contains CPTG® essential oils and cutting-edge ingredients to help visibly reduce the size of pores and restore the skin's pH.

- Features Lavender, Ylang Ylang and German Chamomile essential oils
- Calms sensitive skin and inhibits skin irritation
- Reduces oxidative stress to skin cells

37020005 | 120 ml

IMMORTELLE
ANTI-AGING BLEND



This powerful blend of anti-aging essential oils nourishes and protects skin for a smooth, radiant, youthful-looking complexion.

- Features the renewing power of rare essential oils - Frankincense, Hawaiian Sandalwood, Lavender, Myrrh, Helichrysum and Rose
- Reduces the appearance of fine lines and wrinkles
- Helps reduce inflammation, a contributing factor to aging skin
- Supports skin at the cellular level

37140005 | 10 ml roll on

TIGHTENING SERUM

Tighten and smooth your skin naturally with CPTG Certified Pure Therapeutic Grade® essential oils.

- Features Frankincense, Hawaiian Sandalwood and Myrrh essential oils
- Promotes skin hydration
- Increases skin clarity for firmer, younger-looking skin
- Provides short- and long-term tightening benefits to reduce the appearance of fine lines and wrinkles

37040005 | 30 ml

ANTI-AGING MOISTURIZER

Win the aging battle with the combination of cutting-edge ingredients and CPTG® essential oils.

- Features Lavender, Jasmine, Geranium, and Frankincense essential oils
- Moisturizes and softens skin
- Improves skin elasticity and tone to reduce the appearance of wrinkles
- Helps prevent the future signs of mechanical aging

37030005 | 50 ml

INVIGORATING SCRUB

Make the exfoliating step of your beauty regiment a refreshing, aromatic experience with dōTERRA Invigorating Scrub.

- Features Grapefruit and Peppermint essential oils and cutting-edge ingredients
- Gently exfoliates your skin, leaving it invigorated and energized
- Features jojoba and cruciferous vegetable extracts that work to protect and smooth while also preventing irritation and discolouration

37050005 | 75 ml

HYDRATING CREAM

dōTERRA Hydrating Cream is packed with emollient-rich ingredients and effective anti-aging combatants for smooth, luxurious skin.

- Designed to assist the rejuvenation of mature skin and reduce the visible signs of aging
- Aids in strengthening and restoring balance to the skin
- Perfect for day or night use

37160005 | 50 ml



“I have extremely sensitive skin and cannot use many skin care products, but I had no reaction to dōTERRA products and they left my skin feeling soft and smooth and looking more radiant. I wish I had these products ten years ago!”

Tahna L., Colorado

1	CLEANSE	FACIAL CLEANSER A gentle cleanser formulated to freshen skin and remove impurities.			
		USAGE: Dispense cleanser into palm of hand. Apply to dry face and neck in a circular motion. Rinse with warm water and towel dry.	ESSENTIAL OILS Melaleuca and Peppermint	EVEN TONE/CLARITY Cruciferous Vegetable Extract	RADIANCE/HYDRATION Vitamin Blend
		CLEAR SKIN FOAMING FACE WASH Gently, yet thoroughly cleanses problematic skin without stripping natural moisture.			
		USAGE: Apply to damp face morning and evening for gentle cleansing. Rinse with water.	ESSENTIAL OILS Rosewood, Eucalyptus Globulus, Geranium, Lemongrass, Melaleuca	EVEN TONE/CLARITY Black Cumin Seed Oil, Glycyrrhiza Inflata Root Extract, Candida Bombicola	CELL RENEWAL/PURIFY Willow Bark Extract, Magnolia Grandiflora Bark Extract
2	PORE REDUCING TONER A calming toner that soothes and balances the pH of the skin while visibly reducing the size of pores.				
TONE	USAGE: After cleansing, lightly apply to face using a cotton pad.	ESSENTIAL OILS Lavender, Ylang ylang, German Chamomile	FIRMNESS/WRINKLES Soybean Extract	EVEN TONE/CLARITY Pumpkin Seed Extract, Cruciferous Vegetable Extract	RADIANCE/HYDRATION Soybean Extract Vitamin Blend
3	IMMORTELLE Supporting skin health at the cellular level, these essential oils help sustain smoother more radiant and youthful skin.				
TARGET	USAGE: Apply sparingly to face and neck, after cleansing, prior to serum and/or moisturiser. Pay special attention to age spots, fine lines and wrinkles. Dilute with Fractionated Coconut Oil or other pure vegetable oil to calm any skin sensitivity.			ESSENTIAL OILS Frankincense, Sandalwood, Lavender, Myrrh, Helichrysum and Rose	
	CLEAR SKIN Formulated with essential oils specifically targeted to improve the texture and tone of the skin.				
	USAGE: After cleansing with Clear Skin Foaming Face Wash, apply sparingly to face and any troubled areas.			ESSENTIAL OILS Rosewood, Melaleuca, Eucalyptus Globulus, Geranium, Lemongrass	
	TIGHTENING SERUM An age-fighting serum that tightens and smoothes naturally to increase skin luminosity.				
	USAGE: Apply to face and neck in an upward, outward motion.	ESSENTIAL OILS Frankincense, Sandalwood Myrrh	FIRMNESS/WRINKLES Rhizobian and Acacia Gum Extracts, Oat Kernal Extract	EVEN TONE/CLARITY Brown Algae Extract Biomimetic Peptides	RADIANCE/HYDRATION Vitamin Blend Proprietary Perfluorocarbon
4	ANTI-AGING MOISTURIZER An anti-aging moisturiser that targets the visible signs of aging by reducing the appearance of fine lines and wrinkles, stimulating collagen, speeding cell renewal and slowing the signs of mechanical aging.				
NOURISH	USAGE: Apply with a light touch over face and neck.	ESSENTIAL OILS Lavender, Jasmine Geranium, Frankincense	FIRMNESS/WRINKLES Matrikine Messaging Patented Hyaluronic Acid Spherulites, Proprietary Octapeptides	EVEN TONE/CLARITY Summer Snowflake Bulb Extract, Cruciferous Vegetable Extract	RADIANCE/HYDRATION Vitamin Blend, Patented Hyaluronic Acid Spherulites, Grapeseed Extract
	HYDRATING CREAM Packed with emollient-rich ingredients and effective anti-aging combatants for smooth and luxuriously-hydrated skin.				
	USAGE: Apply with a light touch over face and neck.	ESSENTIAL OILS Lavender, Jasmine Geranium, Frankincense	FIRMNESS/WRINKLES Milk Peptide Complex Retinol Ester	EVEN TONE/CLARITY Brown Algae Extract Vitamin C Ester	RADIANCE/HYDRATION Oat Protein, Vitamin Blend Cocoa Butter

2-3 TIMES PER WEEK

EXFOLIATE /TREAT		INVIGORATING SCRUB An energising scrub that which invigorates and exfoliates leaving skin soft and smooth.			
		USAGE: Massage moderate amount over wet skin for up to one minute. Rinse with warm water.	ESSENTIAL OILS Grapefruit Peppermint		EVEN TONE/CLARITY Cruciferous Vegetable Extract, Brown Algae Extract, Red Algae extract
		REVEAL FACIAL SYSTEM			
		USAGE: Apply Step 1 on face and massage. Apply Step 2 over Step 1 and massage. Rinse with warm water.	ESSENTIAL OILS Lime Wild Orange	FIRMNESS/WRINKLES Pumpkin Enzyme Peptide Complex	EVEN TONE/CLARITY Green Tea Extract Vitamin Blend
		CPTG Certified Pure Therapeutic Grade® The essential oils used in the dōTERRA Essential Skin Care line represent the safest and most beneficial oils available on the market today. 100% pure with no artificial fillers or contaminants, our essential oils are tested to guarantee extract purity and composition potency of each batch.			

clearskin

CLEAR SKIN FOAMING FACE WASH
Discover the perfect solution for problem skin of all ages with the dōTERRA Clear Skin Foaming Face Wash.

- Designed to thoroughly cleanse without stripping away natural moisture
- Contains ingredients that will leave the skin clean without clogging pores
- Creates a harmonious balance necessary for beautifully clear skin

37180005 | 50ml

CLEAR SKIN TOPICAL BLEND



Clear Skin promotes a clear and healthy complexion with essential oils renowned for their skin-beneficial properties.

- Unique blend of Rosewood, Melaleuca, Eucalyptus, Geranium and Lemongrass
- Helps control overactive sebaceous glands
- Promotes clear, smooth skin
- Soothes skin irritations

37170005 | 10 ml roll on

CLEAR SKIN SET

The perfect pair of Clear Skin products together at a great price.

- Clear Skin Foaming Face Wash 50 ml
- Clear Skin Topical Blend 10ml roll on

37190005 |



1 TOTAL SKIN CARE KIT
Contains one each of dōTERRA skin care products including Facial Cleanser, Clear Skin Foaming Face Wash, Pore Reducing Toner, Immortelle, Clear Skin Topical Blend, Tightening Serum, Anti-Aging Moisturizer, Hydrating Cream, Invigorating Scrub and Reveal Facial System.

37230005 |



2 SKIN CARE SYSTEM WITH ANTI-AGING MOISTURIZER
Includes Facial Cleanser, Pore Reducing Toner, Tightening Serum and Anti-Aging Moisturizer.

37070005 |



3 SKIN CARE SYSTEM WITH ANTI-AGING MOISTURIZER ON LOYALTY REWARDS PROGRAM
Add the Skin Care System with Anti-Aging Moisturizer to your monthly Loyalty Rewards Program and receive a FREE Invigorating Scrub with every system purchased through the Loyalty Rewards Program!



37060005 |

4 SKIN CARE SYSTEM WITH HYDRATING CREAM
Includes Facial Cleanser, Pore Reducing Toner, Tightening Serum and Hydrating Cream.

37250005 |

5 SKIN CARE SYSTEM WITH HYDRATING CREAM ON LOYALTY REWARDS PROGRAM
Add the Skin Care System with Hydrating Cream to your monthly Loyalty Rewards Program and receive a FREE Invigorating Scrub with every system purchased through the Loyalty Rewards Program!



37240005 |



Beautiful, shiny hair with
SALON ESSENTIALS HAIR CARE

dōTERRA® SALON ESSENTIALS HAIR CARE PRODUCTS ARE INSPIRED BY THE CONCEPT THAT extremely pure botanical extracts combined with the most advanced technological ingredients will provide unparalleled hair care benefits that optimise beautiful hair and a healthy scalp. Carefully selected CPTG® essential oils deliver therapeutic benefits in all four products. Protecting Shampoo, Smoothing Conditioner, Root to Tip Serum and Healthy Hold Glaze work collectively or individually to promote healthy, soft and beautifully shiny hair.

CLINICALLY SUPPORTED BENEFITS OF THE
ESSENTIAL HAIR CARE INGREDIENTS

- Helps protect colour-treated hair
- Proven softening effects
- Better conditioning and detangling
- Maintains moisture capacity in both hair and scalp
- Antioxidant action
- Strengthens and smoothes cuticles
- Less hair breakage
- Proprietary blend of essential oils for healthy hair and scalp



SALON ESSENTIALS COMPLETE HAIR CARE SYSTEM

Salon Essentials Hair Care System is the perfect way to experience the amazing benefits of all four dōTERRA hair care products and provide a great savings. By purchasing the Protecting Shampoo, Smoothing Conditioner and the Root to Tip Serum in the Salon Essentials Hair Care System, Healthy Hold Glaze comes FREE!

36280005

LOYALTY REWARDS PRICING

PROTECTING SHAMPOO 2-PACK

36240005

SMOOTHING CONDITIONER 2-PACK

36250005

SHAMPOO AND CONDITIONER

36260005

SALON ESSENTIALS
PROTECTING SHAMPOO

Enjoy the professional formulation of CPTG® essential oils, gentle cleansers and botanical extracts in dōTERRA Salon Essentials Protecting Shampoo.

- Features a gentle lathering and cleansing boost from Wild Orange and Lime essential oils and plant extracts
- Gently removes impurities collected on the hair and scalp
- Lightly moisturises hair, leaving it salon soft and touchable
- Provides antioxidant protection against UV damage, which can cause fading in colour-treated hair

36220005

250 ml

SALON ESSENTIALS
SMOOTHING CONDITIONER

Give hair a smooth, finished look and protect it with the professional formula of Salon Essentials Smoothing Conditioner.

- Features conditioning emollients, botanical extracts and natural proteins
- Includes a proprietary blend of CPTG® essential oils for the hair and scalp
- Smoothes hair and provides an anti-static effect with nanotechnology

36230005

250 ml

SALON ESSENTIALS
HEALTHY HOLD GLAZE

Get the all-in-one benefits of a flexible hold, health and shine for your hair with Salon Essentials Healthy Hold Glaze.

- Protects, nourishes and fortifies hair for optimal health and shine
- Protein-rich nanoparticles work to promote improved moisture and softness
- Offers perfect support for beautifully styled hair

36270005

120 ml

SALON ESSENTIALS
ROOT TO TIP SERUM

The Root to Tip Serum provides a healthy environment for your scalp and maximizes the strength and shine of your hair.

- Infused with Lavender, Peppermint, Marjoram, Cedarwood, Lavandin, Rosemary, Niaouli and Eucalyptus essential oils
- Provides extended protection and hydration to your scalp and hair

36210005

30 ml bottle





dōTERRA Healing Hands

THE dōTERRA® HEALING HANDS FOUNDATION IS A NON-PROFIT ORGANIZATION committed to improving lives though partnering with organizations that offer hope to millions around the world. Healing Hands seeks to bring healing to the world, for lives free of disease and poverty, and to ultimately teach impoverished cultures how to be self-reliant. dōTERRA International, LLC, provides for all overhead and administrative costs of the dōTERRA Healing Hands Foundation, ensuring that 100 percent of all donations go directly to those receiving aid.

For more information, please visit www.doterrahealinghands.org



Doterra Healing Hands Foundation is a US chaity.
EIN Number: 27-2840005

HEALING HANDS LOTION

Become part of furthering the cause of the dōTERRA Healing Hands Foundation by purchasing the lovely scented Healing Hands lotion infused with Bulgarian Rose CPTG® essential oil that will not only soften the skin and emit a beautiful aroma, but will also benefit the life of someone in need. \$20 USD will be donated to the dōTERRA Healing Hands Foundation to assist those in need throughout the world. Your heart and your skin will be softened.

36170005	100 ml
----------	--------



Indulge yourself & feel amazing dōTERRA SPA

dōTERRA® SPA PRODUCTS ARE DESIGNED TO PROVIDE pampering opportunities that not only care for your body's skin, but also help you feel and look young, healthy and attractive. With the power of CPTG Certified Pure Therapeutic Grade® essential oils combined with other natural, safe ingredients, you can feel safe and content as you enjoy these luxurious products.



CITRUS BLISS HAND LOTION NEW!

Conveniently packaged for an on-the-go aromatic experience, this lotion softens hands and enlivens the senses with the delightful aroma of Citrus Bliss Invigorating Blend.

- Light, uplifting scent with a kiss of vanilla and a bouquet of citrus essential oils
- Perfect size to tote in the car, take to the office, or put in a purse or bag
- Provides hands with important antioxidants, botanicals and humectants

36200005	75 ml
----------	-------

CITRUS BLISS INVIGORATING BATH BAR

Enter a state of bliss as you clean your body with the Citrus Bliss Invigorating Bath Bar.

- Contains dōTERRA Citrus Bliss Invigorating Blend
- Perfect for every member of the family
- Gently exfoliates with natural oatmeal

36130005	113 g
----------	-------

HAND AND BODY LOTION

Enjoy the benefits of adding your favourite essential oils and discover silky, smooth skin with this hydrating lotion.

- Fragrance-free, light-weight lotion - perfect for hydrating the skin
- Combine with your favourite essential oils for added benefits
- Provides skin with important antioxidants, botanicals and humectants
- Features cruciferous vegetable extracts to help build the skin's natural defenses

36100005	200 ml
----------	--------

3-PACK

36110005	Three 200 ml tubes
----------	--------------------

SERENITY CALMING BATH BAR

Luxuriate as you enjoy the serene, calming influence of the Serenity Calming Bath Bar.

- Provides the benefits of Serenity Calming Blend
- Cleans and Conditions your skin naturally with Coconut and Safflower oils and Shea Butter

36140005	113 g
----------	-------

LIP BALM WITH PEPPERMINT & WILD ORANGE

Refresh your lips with the protecting power of Peppermint and Wild Orange essential oils.

- Non-waxy formula features moisturising agents like Shea and Mango Seed butters
- Restores moisture and elasticity to lips
- Invigorates and enhances mood with a blend of Peppermint and Wild Orange

36190005	4.5 ml
----------	--------



dōTERRA Lifelong Vitality SUPPLEMENTS

dōTERRA LIFELONG VITALITY SUPPLEMENTS ARE FORMULATED with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy and longevity. Coupled with dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils and a lifelong commitment to the dōTERRA wellness lifestyle, they naturally support a lifetime of looking, feeling and living younger, longer.



ALPHA CRS+®
CELLULAR VITALITY COMPLEX
Provides antioxidant protection to cellular DNA and other critical cell structures.

- Supports healthy cell proliferation and lifespan
- Promotes mitochondrial energy production
- Supports a healthy cellular inflammatory response
- Features botanical extracts, carotenoids and polyphenols as well as a cellular energy blend

34180005 | 120 Vegetable



MICROPLEX VMz®
FOOD NUTRIENT COMPLEX
dōTERRA® Microplex VMz is an all-natural, whole-food formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A,C, E and a B vitamin complex
- Contains food-derived minerals and organic trace minerals to support bone and metabolic health
- Optimizes nutrient absorption with a whole-food blend and an enzyme delivery system
- Features the dōTERRA Tummy Tamer blend of Peppermint, Ginger and Caraway Seed to help calm the stomach
- Encapsulated in vegetable capsules and does not contain wheat, dairy, animal products or synthetic ingredients

34200005 | 120 Vegetable Capsules



xEO MEGA®
ESSENTIAL OIL OMEGA COMPLEX
xEO Mega is a revolutionary formula that blends CPTG Certified Pure Therapeutic Grade® essential oils with natural, marine and plant-sourced essential fatty acids.

- Features Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway and German Chamomile essential oils
- Delivers EPA and DHA essential fatty acids from flax, borage, cranberry, and pomegranate seed oils and marine lipids
- Supports healthy cardiovascular, immune, joint, and brain health
- Includes a unique form of the carotenoid astaxanthin for antioxidant protection

34190005 | 120 Softgels



vEO MEGA®
ESSENTIAL OIL OMEGA COMPLEX
vEO Mega is a revolutionary, 100 percent vegan-friendly formula blending CPTG Certified Pure Therapeutic Grade® essential oils with natural, plant-sourced essential fatty acids.

- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway and German Chamomile essential oils
- Includes essential fatty acids from flax, algae, incha inchi seed, borage, cranberry, pomegranate, pumpkin and grape seed oils
- Supports healthy cardiovascular, immune, joint and brain health
- Includes a unique form of the carotenoid astaxanthin for antioxidant support

34260005 | 120 Softgels



FOUR DIETARY SUPPLEMENTS, TWO REVOLUTIONARY PROGRAMS FOR LIFELONG VITALITY AND WELLNESS

LIFELONG VITALITY PACK INGREDIENT HIGHLIGHTS	REGULAR	VEGAN	LIFELONG VITALITY BENEFITS
• Powerful cellular longevity blend of Boswellic Acids, Baicalin, Silymarin, Resveratrol, Curcumin, Ellagic Acid and Proanthocyanidins from Grape Seeds	✓	✓	• Cellular Longevity/Lifespan*
• Potent levels of metabolic factors of cellular energy and performance: Acetyl-L-Carnitine, Alpha-Lipoic Acid, Coenzyme Q10 and Quercetin	✓	✓	• Cellular Inflammatory Response*
• CPTG Certified Pure Therapeutic Grade® essential oil blend of Clove, Frankincense, Thyme, Cumin, Orange, Peppermint, Ginger, Caraway and German Chamomile	✓	✓	• Cellular Energy/Metabolism*
• Balanced blend of whole-food vitamins presented in a patented glycoprotein matrix and whole-food minerals as yeast delivered via a patented Enzyme Assimilation System™	✓	✓	• Powerful DNA Protection*
• Additional carotenoid antioxidant protection from Lutein, Lycopene, Natural Alpha and Beta Carotene and Astaxanthin	✓	✓	• Network Antioxidant Defense*
• dōTERRA's Tummy Tamer™ digestive blend of herbs and digestive enzymes	✓	✓	• Immune System Support*
• xEO MEGA contains a proprietary omega fatty acid blend of Marine Lipids, Flax Seed, Borage Seed and Pomegranate Seed oils delivered via Nanosomal Lipid Assimilation System in a softgel	✓	•	• Stress Management*
• vEO MEGA delivers natural plant-sourced essential omega fatty acids from Flax, Algae, Incha inchi, Borage, Cranberry, Pomegranate, Pumpkin, and Grape Seed oils delivered via Nanosomal Lipid Assimilation System in a softgel	•	✓	• Cardiovascular Health*
			• Bone and Joint Health*
			• Brain/Cognitive Health*
			• Digestive Health*



Save more than 35% by purchasing all three products in the Lifelong Vitality Pack or Lifelong Vitality Vegan Pack on your Loyalty Rewards order! Join as a dōTERRA member and save even more!



LIFELONG VITALITY PACK
DIETARY SUPPLEMENTS INCLUDING ALPHA CRS+®, MICROPLEX VMz® AND xEO MEGA

34210005



LIFELONG VITALITY VEGAN PACK
DIETARY SUPPLEMENTS INCLUDING ALPHA CRS+®, MICROPLEX VMz® AND vEO MEGA

34250005

dōTERRA® Specialised SUPPLEMENTS

BIOLOGICAL, ENVIRONMENTAL AND PHYSIOLOGICAL FACTORS ALL contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in some areas. Through cutting-edge scientific development, dōTERRA has provided a way to give that extra boost through specialised supplements. These supplements can be used in addition to the LifeLong Vitality pack to enhance certain functions.

MITO2MAX™ ENERGY & STAMINA COMPLEX

Mito2Max is a healthy, long-term alternative to caffeinated drinks and supplements for increased energy and vitality.

- Formulated with standardized plant extracts and metabolic cofactors of cellular energy
- Supports healthy mitochondrial function and aerobic capacity
- Improves stamina naturally without the use of harmful stimulants

35310005 | 120 capsules

MADE WITH SLS-FREE VEGETABLE CAPSULES

NÖVOPRIME SOFTGELS ESSENTIAL OIL CELLULAR COMPLEX

dōTERRA's NÖVOPrime is a proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils that help protect the body against oxidative damage to cellular DNA.

- Provides antioxidant protection against oxidative damage
- Supports a healthy response to cellular stressors
- Promotes healthy cellular response, repair, and regeneration
- Encapsulated in gelatin capsules for convenience

41740005 | 60 softgels

MADE WITH VEGETARIAN SOFTGELS

DIGESTZEN® SOFTGELS NEW!

dōTERRA DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.

- Soothes stomach upset and eases indigestion
- Supports healthy gastrointestinal function
- Promotes healthy digestion

35430005 | 60 vegetarian softgels

MADE WITH VEGETARIAN SOFTGELS

ON GUARD®+ SOFTGELS NEW!

On Guard + Softgels combine the proprietary blend of dōTERRA On Guard essential oil with Black Pepper, Oregano and Melissa essential oils for additional immune support. On Guard + is a great way to strengthen and maintain healthy immune function when seasonal threats are high or to protect against elements that can weaken the immune system.

- Helps build and maintain a healthy immune system
- Protects the body against seasonal threats
- Supports healthy circulation and respiratory function

35420005 | 60 vegetarian softgels

MADE WITH VEGETARIAN SOFTGELS



* This product is not intended to diagnose, treat, cure or prevent any disease.



dōTERRA WOMEN

dōTERRA WOMEN IS A LINE OF PRODUCTS FORMULATED TO ADDRESS THE UNIQUE AND changing health needs of women. Normal hormone levels influence a woman’s good health and emotional well-being from her early teens to her transition through menopause. dōTERRA Women targets hormonal factors associated with degenerative conditions connected with menopause and aging, while the essential oil blend provides temporary relief from the emotional and physical symptoms related to regular hormone cycles in women.* The dōTERRA Women line of products provide natural support throughout the different phases of life.

PHYTOESTROGEN LIFETIME COMPLEX™

dōTERRA Women Phytoestrogen Lifetime Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.

- Includes a standardised soy extract with genistein, a powerful phytoestrogen
- Helps manage potentially harmful metabolites produced by estrogen metabolism with a concentrated extract of flax seed lignans
- Supports healthy bones, heart, breast tissue and other body structures

35260005 | 60 capsules

MADE WITH SLS-FREE VEGETABLE CAPSULES

BONE NUTRIENT LIFETIME COMPLEX™

This convenient dietary supplement increases the consumption of nutrients needed for healthy bones.

- Perfect for men and women of all ages
- Features a blend of vitamins C and D, calcium, magnesium and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets

35240005 | 120 capsules

MADE WITH SLS-FREE VEGETABLE CAPSULES

CLARYCALM™ MONTHLY BLEND FOR WOMEN

A T N

dōTERRA ClaryCalm helps women manage the symptoms of PMS and the transitional phases of menopause in a natural, effective way.

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Palmarosa and Vitex essential oils
- Helps balance hormones
- Provides temporary respite from cramps, nausea, hot flashes and emotional swings

35270005 | 10 ml roll on

LOYALTY REWARDS PROGRAM

WOMEN'S HEALTH KIT

Includes Phytoestrogen Lifetime Complex, Bone Nutrient Lifetime Complex and ClaryCalm Monthly Essential Oil Blend.

35250005



dōTERRA Children's SUPPLEMENTS

INSPIRED BY THE dōTERRA LIFELONG VITALITY PACK, THESE PRODUCTS make it easy to enjoy taking omega-3s, whole food nutrients, vitamins and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.

a2z CHEWABLE

Designed for children and adults who have difficulty swallowing capsules, A2Z provides the nutrients your body needs for optimal health.

- Combines a blend of B vitamins with vitamins A, C and E
- Features botanical extracts and is formulated to be used with IQ Mega
- Supports healthy immunity and provides antioxidant protection
- Promotes healthy cell development and longevity when taken daily

35330005 | 60 tablets

IQ MEGA™

IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange CPTG® essential oil.

- Provides 1,000 mg of concentrated, pure fish oil per serving
- Supports healthy brain, cardiovascular, immune and joint function
- Formulated to be used with A2Z chewable

35320005 | 150 ml





DigestZen®
DIGESTIVE HEALTH

LIFELONG HEALTH IS VERY MUCH DEPENDENT ON DIGESTIVE HEALTH. A properly functioning digestive system is not only essential for food nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in chronic energy deficiencies, compromised immunities and allergic reactions, weight gain and gastrointestinal discomfort. The DigestZen line of digestive health products provides targeted solutions for optimal digestive function and comfort.



DIGESTZEN® SOFTGELS NEW!

dōTERRA DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.

- Soothes stomach upset and eases indigestion
- Supports healthy gastrointestinal function
- Promotes healthy digestion

35430005 | 60 vegetarian softgels



DIGESTZEN® top seller
DIGESTIVE BLEND



The well-recognised essential oils in DigestZen are known for providing soothing digestive relief.

- Features a proprietary blend of Ginger, Peppermint, Tarragon, Fennel, Caraway, Coriander and Anise essential oils
- Aids in the digestion of foods
- Maintains a healthy gastro-intestinal tract
- Soothes occasional stomach upset

31030006 | 15 ml bottle

ZENDOCRINE®
DETOXIFICATION BLEND



Support your body's natural detoxification systems with Zendocrine.

- Features a proprietary blend of Clove, Grapefruit, Rosemary and Geranium essential oils
- Supports healthy liver function
- Can be used individually or in combination with Zendocrine Detoxification Complex

31460005 | 15 ml bottle

ZENDOCRINE®
DETOXIFICATION COMPLEX

Support your body's filtering and waste management system with the proprietary Zendocrine Detoxification Complex.

- Features a proprietary blend of 14 active, whole-food extracts in a patented enzyme delivery system
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs and skin

35120005 | 60 vegetable capsules



TERRAZYME® top seller
DIGESTIVE ENZYME COMPLEX

TerraZyme provides your body with the whole-food enzymes and supporting mineral cofactors needed for healthy digestion.

- Supports the body's constant production of enzymes critical for healthy biochemical functions
- Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy
- Includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars and fiber

35110005 | 90 vegetable capsules



GX ASSIST®
GI CLEANSING FORMULA

Cleanse your GI tract before starting with PB Assist with this combination of CPTG Certified Pure Therapeutic Grade® essential oils.

- Features Oregano, Melaleuca, Lemon, Lemongrass, Peppermint and Thyme essential oils as well as caprylic acid
- Helps support a healthy digestive tract by creating an unfriendly environment for potentially harmful pathogens
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Assist Probiotic Defense Formula

35040005 | 30 softgels



PB ASSIST®+
PROBIOTIC DEFENSE FORMULA

This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is safe for the entire family.

- Delivers 5 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructo-oligosaccharides) that encourage culture adhesion and growth
- Time-release double capsule delivery protects sensitive probiotic cultures from stomach acid
- Supports healthy digestive function and immunity

35160005 | 30 vegetable capsules



CLEANSE/RENEW GX ASSIST® & PB ASSIST®+

Use dōTERRA's Cleanse and Renew system to get your digestive system back on track. Start with GX Assist® GI cleansing formula for the first 10 days as a preparatory cleansing step before using PB Assist®+ probiotic defense formula to help maintain a healthy digestive system.

35220005



Weight loss with SLIM & SASSY

THE dōTERRA® SLIM & SASSY LINE OF PRODUCTS encourages overall health and wellness through the attainment and maintenance of healthy body weight. Take advantage of a wide range of benefits by incorporating the Slim & Sassy Metabolic Blend, TrimShake, and our premier line of supplements into your lifestyle!



REAL RESULTS ➔
IN JUST 3 MONTHS*

James lost 57 pounds
Kimberly lost 38 pounds

*Results not typical; individual results may vary. Losing weight is a combination of reducing caloric intake and increasing physical activity. Using dōTERRA Slim & Sassy products may not result in weight loss unless combined with regular dieting and exercise. Healthy and sustainable weight loss may not typically exceed 2 to 3 pounds a week. Consult your physician before beginning a more rigorous dieting or exercise program.



"I am a big fan of Slim & Sassy. I love this oil in my drinking water! Slim & Sassy gives me energy during my workouts, decreases my cravings for sweets, and revs up my metabolism all day long. I have fallen in love with this little bottle of oil and so has everyone else I share it with! I am just now starting to rub it on my 'trouble areas' after my morning shower. As I prepared for Mrs. Utah America, this was the ticket to take off those last few stubborn pounds. I looked and felt my best! I even won the swimsuit competition! Slim & Sassy is my new best friend!"

CAROL ANN GUEST, MRS. UTAH AMERICA 2011

SLIM & SASSY® TRIM KIT

Four 15 ml bottles Slim & Sassy Metabolic Blend and 2 TrimShakes.

40770005	1 Chocolate, 1 Vanilla
35280005	2 Chocolate
35290005	2 Vanilla

SLIM & SASSY® top seller METABOLIC BLEND



Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.

- Formulated with Grapefruit, Lemon, Peppermint, Ginger and Cinnamon essential oils
- Promotes healthy metabolism
- Helps manage hunger cravings
- Calms your stomach and lifts your mood
- Diuretic, stimulant and calorie free

31370005	15 ml bottle
----------	--------------

SLIM & SASSY TRIMSHAKE™

Slim & Sassy TrimShake is a convenient, delicious shake mix that provides essential nutrients.

- TrimShake can help you lose unwanted fat stores through calorie restriction and regular exercise
- Includes the patented weight-management ingredient EssentraTrim® to help reduce food cravings and overeating
- Includes Solathin®, a special protein extract that supports increased feelings of satiety
- Blends well with nonfat dairy, almond, rice or soy milk or water

35180005	Vanilla
35200005	Chocolate



V SHAKE NEW!

Introducing a vegetarian alternative to weight management shakes. Slim & Sassy V Shake provides the same benefits as TrimShake with the exception of all the ingredients being 100 percent plant-sourced and vegetarian-friendly.

- Includes Solathin® and EssentraTrim®
- 7 grams of plant-sourced protein
- Protein sourced from pea, quinoa and amaranth
- Versatile flavor, mixes easily with favourite fruits, milks or juices
- No artificial sweeteners, flavours, colours or preservatives

35440005	
----------	--

ESSENTRATRIM®

125 mg of EssentraTrim®, a patented extract of Ashwagandha that has been clinically demonstrated to help control stress-induced appetite, overeating and carbohydrate cravings. It also helps support blood sugar levels already in the normal range and enhances energy levels while helping to alleviate fatigue during dieting and exercise.

SOLATHIN®

Slim & Sassy® TrimShake includes 50 mg of Solathin® per serving, a special protein extract from natural food sources that supports an increased feeling of satiety. Solathin® has also been demonstrated to help control snacking between meals, portion control, and feeling full faster and longer. Along with being an excellent source of protein, Solathin® is also hypo-allergenic and enhances the flavour and texture of TrimShake.

LOYALTY REWARDS PROGRAM



The dōTERRA LOYALTY REWARDS PROGRAM

DO YOU HAVE A FAVOURITE dōTERRA PRODUCT YOU CANNOT LIVE WITHOUT?

Would you enjoy the convenience of receiving dōTERRA Lifelong Vitality Supplements automatically each month? Would you like to earn free product every time you place an order with dōTERRA? The dōTERRA Loyalty Rewards Program (LRP) provides a convenient way to receive an automatic monthly order of your favourite dōTERRA products delivered directly to your home. Each month you participate in the Loyalty Rewards Program you will earn an increasing number of LRP credits that can be used as cash to purchase product — earn up to 30% on qualified LRP orders! You can change the products in your monthly order or cancel your LRP agreement at any time without obligation. Talk to the product consultant who gave you this product guide or call dōTERRA via the most convenient method mentioned below.

dōTERRA®

dōTERRA EUROPE MEMBER SERVICES:

CHINESE:	+36 18088543	EUCHINESE@DOTERRA.COM
DANISH:	+45 89881085	KUNDESERVICE@DOTERRA.COM
ENGLISH:	+44 2033180064 / IRL +35 316917051	EUROPEANORDERS@DOTERRA.COM
CZECH:	+42 0228882251	ZAKAZNICKYSERVIS@DOTERRA.COM
DUTCH:	+31 208085094	KLANTENSERVICE@DOTERRA.COM
SLOVAK:	+42 1233056269	ZAKAZNICKYSERVIS@DOTERRA.COM
FRENCH:	+33 182888834	FRANCE@DOTERRA.COM
GERMAN:	DE +49 3056796808 / AT: +43 720115368 / SWZ: +41 435082878	KUNDENDIENST@DOTERRA.COM
HUNGARIAN:	+36 18088058	HUNGARY@DOTERRA.COM
PORTUGUESE: (E-MAIL ONLY)		PORTUGUES@DOTERRA.COM
RUSSIAN: (E-MAIL ONLY)		RUSSIAN@DOTERRA.COM
SPANISH: (E-MAIL ONLY)		ESPANA@DOTERRA.COM

CPTG Certified Pure Therapeutic Grade®

v5

47010005

